Federal Way YW Camp Rules - 2025 Form 3

YW camp is a wonderful opportunity for fun, learning and sisterhood. Our goal is to unite together in a beautiful outdoor environment, separate from the world, feel the spirit of the Lord and strengthen or gain a testimony of Heavenly Father and Jesus Christ. Young Women should attend all camp activities while at Zion's camp.

- 1. Tennis Shoes must be worn at <u>all times</u>. **No flip-flops, Crocs, sandals, sling-back or no-back shoes.**
- 2. Shower during free time only. Flip-flops and/or Crocs can be used for showering.
- 3. Follow your schedule and be where you are supposed to be.
- 4. Always have a buddy! No one should EVER be alone at camp.
- 5. You must be in your campsite by **10:30pm**. If you have an emergency after that time, you must be accompanied by a ward adult leader and should also contact a stake camp leader. Lights out/quiet time begins at **11:00pm**.
- 6. Use trail courtesy while at camp. No littering, defacing property, trees, boats, dock, etc.
- 7. **No one is allowed to enter or leave camp at any time during the week** unless given advanced permission by **Stake YW Presidency**.
- 8. Please leave all distracting electronics at home.
- 9. If you are ill or injured during camp, check with your ward leader and if needed, have a buddy take you to the camp nurse or first aid station. Notify your ward camp leader of **ANY** injury (even minor) you sustain while at camp. Try to treat minor cuts/bites in your ward campsite first. A Registered Nurse will be available for consultation and serious injuries if needed.

Camp Standards

- We follow the standards as outlined in *For The Strength of Youth* pamphlet and *The Family Proclamation*.
- YW are to adhere to the standards in dress and appearance, honesty, integrity, language, and sexual purity. Any romantic, public and/or private, displays of affection are absolutely prohibited at YW camp.
- Shirts must cover the belly, shoulders, back, and have a modest neckline. Pants and capris
 must cover hips. Shorts should come to the fingertips at sides. Swimming suits must be
 modest in design.
- Respect others' property in your ward and in all other areas.
- If a YW does not adhere to the agreed upon standards, she may be sent home. If YW is sent home it will be the parent/guardian's responsibility to transport her from Zion's Camp to home.

I have read the camp policies/procedures/rules outlined above and agree to abide by these standards.		
Parent Signature	Camper Signature	Date